NATIVE | FRESH | FLAVORFUL

Goanna is committed to sustainability and quality in our celebration of Lennox Head and the Bundjalung land. Our locally sourced and native ingredients create a fusion of brunch classics and innovative dishes.

We believe that food is a way of bringing people together, and we are committed to providing a warm and welcoming space where everyone can gather and enjoy delicious, nourishing meals. Come experience the flavours and culture of Lennox Head at Goanna.

Weekend Surcharge - 10% Public Holiday Surcharge - 15% Surcharge on all credit/debit card - 1.6%

Follow us on @goannalennox www.goannalennox.com.au

Any problem with your order or experience? Please speak to us, we are here to help! Your Team Goanna.

EARLIER

AVAILABLE ALL DAY

16.5 SUNRISE CRUNCH V VG GF NOT SUITABLE FOR CELIACS Our Greek Yoghurt based House made Granola served with a mix of fresh berries, banana topped with shaved coconut chips & Maple syrup. vg-opt Coconut Yogurt/Almond Milk MAYA DF V VG 19.5 Sourdough Toast with Avocado, Native Basil and Kale pesto, Lime & Seed mix. ADD...BACON 7 HOMEMADE CURED SALMON 7 EGG 3 GF-opt Gluten Free Bread

THE FORAGE V VG GF 22.5 Sourdough toast with Mushrooms, Garlic, Spinach, Kale, Cherry Tomatoes, Dried Bush

ADD...BACON 7 HOMEMADE CURED SALMON 7 EGG 3 GF-opt Gluten Free Bread

Make it Vegan with Cashew Cream

Tomatoes, Goats Fetta cheese & Chilli.

TOASTIES GF-opt Gluten Free Bread 14.5 Ham and Swiss Cheese

Veggie	Deli	ight -	Spinach,	Mushroom,	Beetroot,	16.5
Tomato	and	Vegan	Mayo			

Prosciutto Toasties -	Mayo,	Spinach,	16.
tomatoes, prosciutto,	Swiss	cheese	

ORGANIC 2 X EGGS YOUR WAY 15.5 WITH TOAST

Fried/Poached/Scramble or Whites only

TOAST WITH A CHOICE OF 9.5 **SPREADS**

Home made Jam, Butter, Honey, Peanut Butter or Vegemite

15.5 COOEE ROLL

Panini roll, Rindless Bacon X2, Free range Fried Egg, Tomato Sauce or BBQ.

ADD SOME EXTRA FLAVOURS	6
TOFU	4
2X HASH BROWN / FALAFEL	6
ORGANIC BACON 2X RASHERS	7
FREE RANGE EGG YOUR WAY	3
GRILLED TOMATO	3
AVOCADO	5
MUSHROOMS	6
HALLOUMI	6
GOATS FETTA CHEESE	4
CASHEW CREAM	3
HOMEMADE OLDMANS SALT BUSH MAYO	3
TOMATO RELISH	3 3
SPINACH/KALE HOMEMADE CURED SALMON	ა 7
HOMEMADE COKED SALMON	

EARLIER

AVAILABLE ALL DAY

BUNJI ROLL 18

Panini Roll, Rindless Bacon, Free range over easy fried egg, Halloumi, Spinach topped with our Homemade old mans salt bush mayo.

GF-opt Gluten Free Bread

MERNE ROLL V VG 18

Panini Roll, Portobello Mushroom, Free range Over-easy fried eggs, Halloumi, Spinach topped with our Homemade old mans salt bush mayo.

Make it Vegan with Tofu and Mushrooms GF-opt Gluten Free Bread

NOURISH BOWL V VG GF

Avocado, Broccoli, Kale, Spinach, Black Rice, Free range poached Egg, Halloumi, Edamame, Wattleseed, Pickled Radish, Dukkah and Vegan Dashi.

ADD...BACON 7 HOMEMADE CURED SALMON 7

Make it Vegan with Tofu and Mushrooms

BUCKWHEAT PANCAKE GF DF VG 26.5 NOT SUITABLE FOR CELIACS

Fluffy Buckwheat, Banana, and Coconut Pancakes with Vanilla Ice Cream, Brazil Nuts, and Finger Lime dust. Served with either Berry Compote, Maple Syrup, Homemade Chocolate Sauce, or Caramel Sauce.

EGGS BENEDICT 28.5

House Cured Salmon, with Hollandaise Sauce, Spinach, 2x poached Eggs served on English Muffin

HOMEMADE TREATS

RUBY ROSELLA HOMEMADE BANANA BREAD SERVED WITH STRAWBERRIES.

VANILLA ICE CREAM, NATIVE ROSELLA MAPLE, COCONUT CHIPS, BERRIES COMPOTE, STRAWBERRY GUM DUST. 17.5 va-opt

8

9

BANANA BREAD TOASTED W BUTTER vg-opt

> PLEASE CHECK THE COUNTER FOR OTHER SELECTION.

GF GLUTEN FREE **DF** DAIRY FREE **V** VEGETARIAN **VG** VEGAN **VG-OPT** VEGAN OPTION AVAILABLE RSF REFINED SUGAR FREE

A BIT LATER

FROM 11:00AM

32.5 NOURISH FISH BOWL GF Grilled Market Fish, Avocado, Broccoli, Kale, Spinach, Black Rice, Free range poached Egg, Halloumi, Edamame, Wattleseed, Pickled Radish, Dukkah and Vegan Dashi. Make it Vegan with Tofu, Mushrooms & Banana 28.5 MOQUECA GF VG V Brazilian Fish stew with Red Capsicum, Spanish onions, Garlic, Chilli, Tomatoes, Coconut milk, Coriander served with Black Rice Make it Vegan with Tofu & Banana YAM DF VG GF 19.5 Vermicelli Noodles Salad with Nam-Jim dressing, Sunomono, Radish, Pickled Daikon, Mushroom, Asian Herbs & Chilli ADD PROTEIN FOR EXTRA FLAVOUR 7 **GRILLED MARKET FISH** 6 CHICKEN BREAST AND NATIVE THYME

LITTLE FOLKS

PROSCIUTTO

PORTOBELLO MUSHROOM

HOMEMADE CURED SALMON

MARINATED TOFU

26.5

AVAILABLE ALL DAY

THESE DELICIOUS ITEMS ARE EXCLUSIVELY FOR KIDS AGED 12 AND UNDER.

12.5 FLUFFY MINI PANCAKE

NOT SUITABLE FOR CELIAC

Banana Pancake, Strawberries, Banana Sliced and Maple Syrup, Vanilla Ice Cream.

ALL MINE 12.5 Organic Eggs your way with toast

7

13.5 MINI BACON & EGG ROLL

Panini roll, Rindless Bacon, Free range Fried Egg, Tomato Sauce or BBQ.

TODDLERS SEASONAL VEGGIES



NATIVE | FRESH | FLAVORFUL

BOWL

ALL OUR BOWL & SMOOTHIES ARE VG, GF & RSF NOT SUITABLE FOR CELIACS

ACAI BOWL

Organic Acai, Guarana Berry Topped with house made granola, Coconut Flakes, Fresh Seasonal Fruits & Banana

ADD SOME EXTRA FLAVOURS	
SEASONAL BERRIES	2
PEANUT BUTTER	2
NUTELLA	2
PROTEIN POWDER	3
GOJI BERRIES	2
EXTRA GRANOLLA	2
EXTRA BANANAS	2
CACAO NIBS	2
COCONUT YOGHURT	2
HONEY	1
BRAZIL NUTS	2
HEMP SEEDS	2

SMOOTHIES VG RSF GF

ACAI BERRY

Organic acai, Native berries, Banana & Coconut water

ADD PLANT PROTEIN POWDER 3

POPEYE

Mango, Bananas, Lime Juice, Almond Milk, Dates, Spinach.

ADD PLANT PROTEIN POWDER 3

MANGO

Mango, Passionfruit Pulp, Almond milk, Yoghurt, Cinnamon, Honey. ADD PLANT PROTEIN POWDER 3

NUTTY PROFESSOR

Almond Milk, Dates, Peanut Butter, Bananas, Cashews.

ADD PLANT PROTEIN POWDER 3

KIDS SMOOTHIES

Banana, Raw Honey, Vanilla Ice Cream,

Organic Chocolate, Vanilla Ice Cream,

Organic Vanilla Paste, Vanilla Ice

Strawberries, Raw Honey, Vanilla Ice

and Coconut Vegan Ice Cream +.50

COLD PRESS JUICES

*100% NATURAL NO ADDED SUGAR

300ML SERVED OVER ICE

*Make it dairy-free with alternative milk + 1

BANANA

Cow's Milk.

Cow's Milk.

VANILLA

Cream, Cow's Milk.

Cream, Cow's Milk.

STRAWBERRY

19.5

13.5

CHOCOLATE

7/12.5 **COFFEE**

4.8/ 5.5

4.5

1

6.5

6.5

8.5

6.5

Long Black, Cappuccino, Flat white, Latte, Piccolo, Mocha (+.50) Made with our very own Coffee blend Gusto (available for purchase in store & online)

Peru, Colombia, Costa Rica, Brazil. body with notes of spice and cocoa.

Espresso

ALTERNATIVE MILK Oat/Soy/Coconut/Almond/Macadamia Milk

50 70

24-Hour Infused Cold Brew Coffee: Simplicity meets complexity in a

HOT CHOCOLATE

ICED LONG BLACK	6.5
ICED MOCHA	7
ICED COFFEE Espresso over Ice and Vanilla Ice Cream & Milk	9
ICED CHAI	6.5
ICED PRANA STICKY CHAI	8.5

TEA POT

REMY & MAX ORGANIC TEA

ENGLISH BREAKFAST TEA

Stimulating & Aromatic, full bodied black tea blend

RED SILK

Organic and caffeine free blend of relaxing Flowers and Berries

EARL GREY

Beautifully balanced black tea with Floral notes of Bergamot

SENCHA GREEN

Uplifting, earthy and refreshing green tea

PEPPERMINT

Deliciously light, Minty flavours that refreshes and rejuvenates

LEMONGRASS & GINGER

A feisty tea blend full of zest & spices

GREEN TEA & JASMINE

Full bodied green tea with fragrant Jasmine taste

WATTLESEEDS CHAI POT

Wattleseed combined with the traditional Indian masala Chai recipe, Organic Raw Honey, brewed freshly in Oat Milk.

CHAI & CO

CHAI LATTE Premium Chai Spice is a powder mix made

from exotic ingredients including black tea, cardamom, cinnamon, ginger, black pepper and cloves

PRANA STICKY CHAI LATTE 6.5/7.5

Sweet and spicy brew made with black tea, aromatic spices, and milk

6.5/7.5 TURMERIC LATTE

House made Turmeric blend, Vanilla & Milk

MATCHA LATTE 6.5/7.5

Japanese high-quality green tea powder matcha

WHITE & BLACK

This coffee brings a rich, caramel sweetness, which combines beautifully with the Brazil pulpnatural coffee to deliver a full

EXTRA SHOT	.50
DECAF	.50
SYRUP/HONEY	.70
MOCHA	.50

COLD BREW

clean, tea-like experience.

4.5/5

ICED COFFEE & CO

ICED LATTE

6.5

6.5

6.5

8

8

ICED MATCHA LATTE

ICED TEA

See Remy & Max Organic Tea Options

9

GREEN WITH ENVY Apple, celery, spinach, kale, cucumber, lemon, parsley

SWEET CHEEKS

Apple, watermelon, cucumber, lime, and raspberry

EAGLE EYE

Carrot, apple, orange, pineapple, lemon, turmeric

THE BIG O

100% Sun ripened Australian Oranges

SOFT DRINK

KARMA ORGANIC COLA

KARMA ORGANIC LEMONADE

KARMA ORGANIC GINGER BEER

NORTH WALL KOMBUCHA (230ml) Apple, Ginger & Turmeric

NORTH WALL KOMBUCHA (230ml)

Passionfruit

7.5

5/5.5